

February 6, 2020

<Provider Name>
 <Address>
 <City>, <State> <ZIP>

Subject: Adjustments to Behavioral Health Fee Allowance Schedule effective April 15, 2020

Dear Provider:

We appreciate your ongoing participation in Blue Shield of California's PPO Network, and we continue to be proud of our long-standing relationship with our network of clinicians and provider organizations. We look forward to continuing in our efforts together to provide quality care at an affordable price for our members.

We are writing to inform you of some upcoming changes to Blue Shield's professional allowances, effective for behavioral health services provided on and after April 15, 2020.

We recognize the importance of behavioral health services in supporting the wellbeing of Blue Shield members. The changes reflect our consistent, value-based approach in reviewing and setting professional allowances¹ while ensuring our rates are competitive within the marketplace and align with industry norms.

We are pleased to announce an increase in reimbursement for the following behavioral health codes:

CPT Code	Description
90791	Psychiatric diagnostic evaluation without medical services
90792	Psychiatric diagnostic evaluation with medical services
90832	Psychotherapy, 30 minutes with patient and/or family member
90833	Psychotherapy, 30 minutes (billed with E/M code)
90834	Psychotherapy, 45 minutes with patient and/or family member
90836	Psychotherapy, 45 minutes (billed with E/M code)
90837	Psychotherapy, 60 minutes with patient and/or family member
90838	Psychotherapy, 60 minutes (billed with E/M code)
90839	Psychotherapy for crisis; first 60 minutes
90840	Psychotherapy for crisis; each additional 30 minutes
90846	Family psychotherapy (without the patient present) 50 minutes
90847	Family psychotherapy (conjoint psychotherapy) (with patient present) 50 minutes

We encourage you to review the new allowances that will become effective April 15, 2020.

Beginning February 6, 2020, you may view the complete fee schedule online to identify the applicable, specific changes at the individual CPT level that may pertain to your practice. Visit the home page at blueshieldca.com/provider and log in, then select the "Professional Fee Schedule" link located under the *Claims* section menu on the home page.

If you would like to request a written list of the new allowances for the CPT codes noted above, please send an email to BSCProviderInfo@blueshieldca.com. You may also call the Provider Information and Enrollment Department at **(800) 258-3091** from 9 a.m. to 12 p.m., and 1 p.m. to 4 p.m., Monday through Friday.

Thank you, once again, for the care and services you provide to our Blue Shield members.

Sincerely,



Hugo Florez
Vice President
Provider Network Management,
PPO and Specialty Networks



Dr. Phillip Baldi, D.O.
Senior Medical Director
Operations Management

Enclosure: *Provider Allowance Review Form*

¹ Blue Shield's allowances capture actual time, skill, training and costs associated with providing the service. A combination of methodologies and factors are used to determine fair reimbursement: clinician input, type of service, geography and regional factors, relative value units, the market and other industry sources.

T10864 (2/20)